



**Our new Website is now live!**

Please visit [fwgbd.org](http://fwgbd.org) to see our new look!

FWGBD would like to recognize and thank [The Hemophilia Center of Western Pennsylvania](#) and [The Hemophilia Alliance](#) for their support of this update.

Website


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## Funding Opportunities

We are pleased to announce the offering of the FWGBD 2023 research awards.


**Promoting  
XXcellence  
in Women's Health:**  
**Optimal Management of  
Women and Girls with  
Blood Disorders**  
 FWGBD Research Awards  
 in the areas of Bleeding  
 and (All) Blood Disorders  
**Request for Applications  
Now Open**

*Promoting Excellence in Women's Health: Optimal Management of Women and Girls with Bleeding*

**FWGBD Annual Research Grant Award 2023**  
**Focus Area: Blood Disorders Affecting**

### Disorders\*

**Award Target:**

Junior Faculty or Fellows

**Number of Awards to Be Given: 2****Amount of Each Award: \$35,000**

*\* The offering of these Special Research Grant Awards is made possible in part through an educational grant from Takeda.*

[Click here to learn more.](#)

### Women and Girls

**Award Target:**

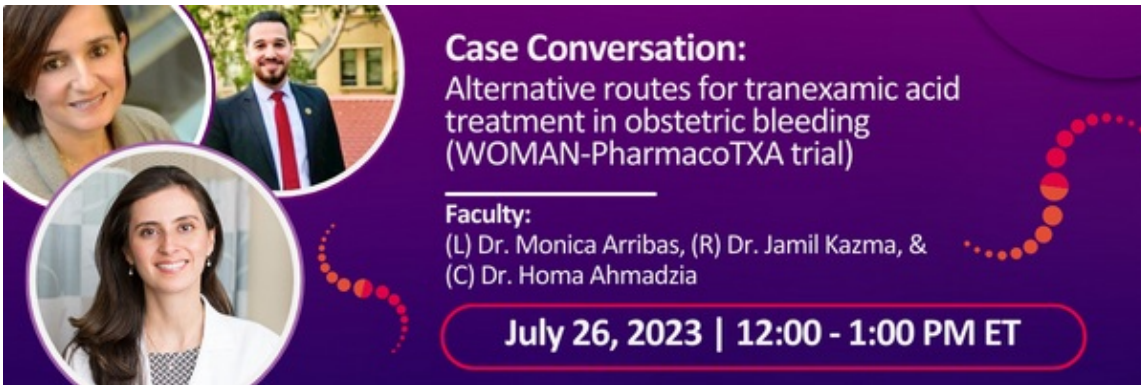
Junior Faculty or Fellows

**Number of Awards to be Given: 1****Amount of the Award: \$15,000**

[Click here to learn more.](#)

**Application Deadline: Friday, September 15, 2023, by 11:59 PM EDT**

## Upcoming Events



**Case Conversation:**  
Alternative routes for tranexamic acid treatment in obstetric bleeding (WOMAN-PharmacTXA trial)

**Faculty:**  
(L) Dr. Monica Arribas, (R) Dr. Jamil Kazma, & (C) Dr. Homa Ahmadzia

**July 26, 2023 | 12:00 - 1:00 PM ET**

### Case Conversation: Alternative routes for tranexamic acid treatment in obstetric bleeding (WOMAN-PharmacTXA trial)

When: Wednesday, July 26, 2023

Time: 12:00 PM ET (11:00 AM CT, 10:00 AM MT, 9:00 AM PT)

Faculty: Dr. Homa Ahmadzia and Dr. Monica Arribas

Moderator: Dr. Jamil Kazma

This case conversation will address the following learning objectives:

1. Understand differences between intravenous (IV), intramuscular (IM) and oral tranexamic acid for prevention of postpartum hemorrhage at the time of delivery.
2. Discuss the safety of using tranexamic acid for the mother and neonate in the peripartum period.
3. Explore future studies that will evaluate efficacy and safety of tranexamic acid at cesarean and vaginal delivery for postpartum hemorrhage prevention.

[Register Here](#)

**Save the Date!**  
**FWGBD 2024**

Please mark your calendars for our biennial conference:

**FWGBD 2024**

**September 14th and 15th, 2024**

**Long Beach, California**

## Partner Programs

### 2023 NHLBI Annual Sickle Cell Disease Research Meeting

The National Heart, Lung, and Blood Institute (NHLBI), part of the National Institutes of Health (NIH), will host the Annual NHLBI Sickle Cell Disease Research Meeting on **August 14-16, 2023**. This 3-day hybrid meeting will provide a forum for investigators, healthcare providers, and other stakeholders to discuss research in sickle cell disease, as well as hear presentations about ongoing research and new developments in the scientific and clinical aspects of the disease. It will also provide an opportunity for participants to interact with other investigators and NHLBI program staff.

On behalf of FWGBD, Dr. Shreya Agarwal will present, "**Prevalence and Risk Factors of Thromboembolism in Women with Sickle Cell Disease During Pregnancy**" on August 16th, 2023 (date is subject to change pending final program agenda).

Registration is free, and the meeting will be videocast. [More information and registration found here.](#)

## Request for Feedback

**Menstrual Product Options.**

When you have your period, you will need to use something to soak up the menstrual blood. There are lots of different products to choose from. Ask for help about a product if you are unsure if it is for you. A nurse, family member or friend can help you decide.

**Pads**  
(or Sanitary Pads or Napkins)

- Easy to use and to know when to change product
- Some pads have wings on the sides that wrap over the edges of your underwear to help hold them in place
- Pads should be changed every 3-4 hours if you have light flow, more often if your flow is heavy

They come in different sizes or thickness, including:

Regular Pads (sizes XS-S)	Super and Super Plus Maxi and Mini Pads Overnight Pads (XS - XL)
<ul style="list-style-type: none"><li>• Shorter in length</li><li>• May hold less blood</li></ul>	<ul style="list-style-type: none"><li>• Longer, thicker and more flexible</li><li>• For moderate to heavy flow</li><li>• Wider to help prevent night leaks</li></ul>

**Tampons**

- Inserted into the vagina
- Some come with an applicator that guides tampon into the vagina
- Other tampons are inserted using a finger
- Taken out using a removal string that stays outside the body after inserted
- Come in different sizes (**Regular, Super, Superplus, Ultra**) and absorbencies
- Good for sports, like swimming

**Panty Liners or Shields**

- Smaller and thinner than regular pads
- Wear inside underwear
- Hold a small amount of blood
- Good for light flow days or as extra protection with a tampon
- Work best when changed every 3 to 4 hours

Hemophilia of Georgia Special thanks to Peter Arnold, MD (UGA) and Charly Statler, RN, and the FWGBD LAN Nursing Subcommittee for their assistance in creating this resource.

**FOUNDATION FOR Women & Girls with Blood Disorders**

With support from the [Hemophilia of Georgia](#) (HoG), the WGBD LAN Nursing Subcommittee has developed the following resources for patients to address heavy menstrual bleeding. The following guides are available for download [here](#):

- About Your Period
- What is Heavy Menstrual Bleeding?
- Iron Deficiency
- Menstrual Product Options

#### We need your help!

Your feedback is extremely important to assist both HoG and the FWGBD LANs. **Please complete this survey to share your feedback for these resources:**

<https://www.surveymonkey.com/r/periodsheets>

## Congratulations!

FWGBD would like to congratulate two of our leaders and supporters as 2023 Honoric Award Recipients from the American Hematology Society (ASH)

**Alexis A. Thompson, MD, MPH**  
*ASH Award for Leadership in Promoting Diversity*

**James B. Bussel, MD**  
*Henry M. Stratton Medal*

The [ASH Honoric Awards](#) recognizes individuals within the global hematology community who have made significant contributions to the field. These leaders, among others, will be honored during the [65th ASH Annual Meeting and Exposition](#).

FWGBD is also extremely proud to announce new members to our Board and MAC

***Board of Directors:***

**Biree Andemariam, MD**

Dr. Andemariam is a physician-scientist at the University of Connecticut School of Medicine (UConn) in the Division of Hematology/Oncology, Founding Director of the New England Sickle Cell Institute, and Director of the Connecticut Bleeding Disorders Center.

***Medical Advisory Committee:***

**Rebecca Kruse-Jarres, MD, MPH**

Hematology

Washington Center for Bleeding Disorders, Bloodworks Northwest

**Bethany Samuelson Bannow, MD**

Hematology

Oregon Health and Science University

## Welcome to Our New Lifetime Members

Our sincere thanks to all of our members, and especially to our Lifetime Members for their dedication to the field and to our mission.

**FWGBD is proud to welcome our newest Lifetime Members:**

Jeannie Aschkenasy, PhD

Lisa Boggio, MD

Lucy Ramirez, MSW, LCSW

Mindy Simpson, MD

Laura Spooner, LCSW

### Interested in becoming a Member of FWGBD?

Visit our [Website](#) to learn more about the benefits and various membership opportunities. Questions? Contact Jennifer Longo, Database and Membership Services Manager, at 845-642-2925 or [membership@fwgbd.org](mailto:membership@fwgbd.org).



Foundation for Women & Girls with Blood Disorders | PO 1358, Montclair, NJ 07042

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